

Communication That Counts Seminars:

* Switch ... To A Positive Line Talk Quality to Yourself and Others

(2 or 3 hours)

A Bottom-Line Workshop for Achieving Greater Success:

Challenge the habit of negative talk! Just say it in the positive. **You** can do it! Watch the positive impact you can have on others and on yourself. Just rephrase whatever you say to the positive ... for yourself ... and to everybody else!

The positive presentation of your ideas, requests, and self is critical to the **perception** and then, the **reception** of your message. You can make a positive difference in attitudes, the level of teamwork, and ultimately, the quality of your work and the work of those around you.

*How to Talk So Others Will Listen

(3 or 6 hours)

Learn how to gain greater confidence and positive power in every relationship, both personally and professionally. Accomplish more of your goals and make more of your own decisions rather than having them imposed upon you. Each individual is a person of value and deserves to be treated with respect. Learn to express yourself more openly and honestly by being tactfully direct in your interactions with others, and by sharing more of the real you in saying what you want, feel, and believe.

*Don't Get Mad, Get Even ... Even More Cooperation

(3.5 hours)

When other's reoccurring behaviors irritate you, don't suffer in silent resentment. Learn and practice an effective model used to get positive behavior changes for increased cooperation and decreased conflict.

This workshop also includes skill practice in improving the power of listening skills for greater understanding, which is particularly useful in unclear or conflict situations. In order to discover a mutually successful outcome, you need to truly understand the other person. Practice using this tried-and-true process of paraphrasing for greater understanding.

These positive and proactive approaches can make your work environment more enjoyable and productive.

*How To Speak Before A Group ... (6 hours) And Live To Tell About It! Putting Finesse and Flair Into Your Presentation (3 hours)

Learn to speak with more confidence and flair in front of both large and small groups. In this practical-strategies workshop, you will learn the basics of making an effective presentation, how to deliver your message in a way that interests and motivates your audience, and discover options for attention getting openings and closings.